

1. Health and Wellbeing

Developing new & supporting existing activities to positively impact the physical and mental wellbeing of the HAVA Community; using a mixture of short-term events to launch long term groups.

Sub theme

Examples

Staff/volunteer led community projects & groups

Examples include

- Develop structured exercise sessions on the Park.
- Develop 'Walk around...' competitions to encourage people to count their steps and join a community effort. For example, 'Walk around England's Coastal Path'.
- Re-run the successful Half Marathon activity in the park – perhaps use it to raise funds for something for the community.
- Working with partners & the community develop an updated cookbook & cookery workshops.
- Use local bike banks and related companies to run cycle proficiency courses & re-run the successful 'Tour de Hawksworth Wood'.

Example with Adults

- Develop a mixed age / gender gentle sports team using local knowledge & expertise. For example, walking football, netball, or touch rugby.
- Speak to Leeds City Council and 'This girl Can' to develop a new C25k programme using the pathway around the park.

Support and make available grants to other professionals and residents

Examples include

- Invite qualified instructors to deliver sessions on the correct way to use the fitness equipment in the park.
- Invite local initiatives to apply for HAVA funding to provide free to access activities.
- Link into existing community groups/ clubs in the HAVA area to identify gaps in provision. Examples such as Dog Walking groups / walking groups/ gardening groups and look for gaps that HAVA could support the development of new groups.

Examples with families

- Work with the Children's Centre, School, YMCA, Foodbank to become referees for charities such as Zarach who deliver 'bed bundles' (new bed/ mattress/ duvet pillows and other goods) to children who don't have their own bed at home.

Increasing communication in the HAVA area through

Examples Include

- Sign posting of existing provision of public services such as local gym/ leisure centre memberships including discounted memberships.

**sign posting,
information sharing
and gathering data.**

- Sign posting of existing energy efficiency schemes run by the Local Authority to our community.
- Sign posting of help to pay schemes by energy providers

Examples with families

- Signposting existing provision of Youth Groups in the HAVA area.
- Work with the school and Children’s Centre and gather evidence of deprivation and to gauge what actions they feel would be beneficial

Examples with young people

- Work with Hawksworth Wood Primary School & Leeds City Council to identify opportunities for after school activities for pupils of the school.
- Working with Hawksworth Wood Primary School’s wellbeing counsellor (based in the on-site Children’s Centre) to look for opportunities to support pupils with their mental health.

Examples with adults

- Work with HOPS to promote their gentle exercise classes such as yoga and tai-chi to their members and non-members in the community who may wish to join.

**Identify partnership
work**

Examples include

- Develop structured exercise sessions on the Park. Such as with Leeds Rhino's and Northern Ballet
- Speak to and work with Vesper Road Surgery for ideas about a joint approach to patient led health & well-being options including social prescribing.
- Utilise community spirit to develop community vegetable gardens using eco-bricks and eco-pods in peoples home gardens. Educating people about how to grow their own fresh produce.
- Encourage the school to adopt the item above and introduce it into the school.
- Co-operatives could help with this - like Richard Jackson was trying to do prior to Covid 19
- Develop a Credit Union

Examples with families

- Develop a PTA with Hawksworth Wood Primary School & onsite children’s centre to gauge appetite for a range of groups such as Mums & Tots, exercise classes, walk & talk groups.
- Work with the Foodbank and the School to set up a ‘Backpack Buddy’ scheme for families living in food deprivation.

Examples with young people

- Work with current independent providers of youth services in the Community such as St Mary’s and GESPIR’s

	<p>youth Club at the Church of Latter-Day Saints as examples.</p> <ul style="list-style-type: none"> • Work with the School & Children’s Centre to develop a subsidised breakfast and afterschool club to ensure all pupils have access to breakfast before beginning school and a snack after school. <p>Examples with adults-</p> <ul style="list-style-type: none"> • Speak to established providers of ‘Man Clubs’. Look at how we can develop this using experience & expertise in our community to provide a safe space for men to talk. • Using research and information from the crime theme, to run a support group for those in need.
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2. CRIME (Previously theme 4)

Developing new & supporting existing activities to reduce the levels of crime in the HAVA Community. Using current Police data to identify need and to work specifically to reduce incidents of violence and sexual offence which covers domestic violence and sexual assault. whilst also looking for opportunities to reduce crime across all offences.

<u>Sub theme</u>	<u>Examples</u>
Support and make available grants to other professionals and residents	<p>Examples include</p> <ul style="list-style-type: none"> • Support groups and facilitators helping combat crime and victims of crime
Increasing communication in the HAVA area through sign posting, information sharing and gathering data.	<p>Examples Include</p> <ul style="list-style-type: none"> • Seek the advice of pre-existing project(s) with success in tackling violence and sexual assault issues at a community level. Such as charities who work with perpetrators of domestic abuse. • Develop a social media campaign to regularly promote helplines for people who are victims of violence & sexual assault. • Develop a relationship with the Police to monitor & engage with them opportunities for community led intervention to tackle the broader issues of crime in the HAVA area and create a Task Force meeting to discuss active crime levels in our community. • Promote the HAVA office as a ‘Safe Space’. • Investigate and develop a response to the ‘Hidden Men’ in our community. Speak to individuals who have successfully run men’s groups.

Identify partnership work	<p>Examples include</p> <ul style="list-style-type: none"> • Continue to offer support to the Foodbank who are identifying individuals and families using the service who maybe at increased risk of being a victim of crime. <p>Examples with families</p> <ul style="list-style-type: none"> • Support the development of a PTA with Hawksworth Wood Primary School and the Children’s Centre and gather evidence of violence and sexual assault and to gauge what actions parents feel would be beneficial. <p>Examples with young people</p> <ul style="list-style-type: none"> • Work with Youth Work providers to develop projects around the issues of sexual awareness and anger management. • Work with Hawksworth Wood Primary School to offer support in the process of intervention if a child demonstrates being the victim of abuse or living in violent home.
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<p><u>3. EDUCATION, EMPLOYMENT & TRAINING</u> (Previously themes 5, 6 & part of 3)</p> <p>Developing new & supporting existing activities to positively promote the financial benefits of higher qualifications and employment opportunities for the HAVA Community; using opportunities for further education and employability skills to reduce the levels of financial deprivation faced by our community. Working with our young people to support continued engagement with learning during Key Stage 3 and beyond.</p>	
<p><u>Sub theme</u></p>	<p><u>Examples</u></p>
<p>Staff/volunteer led community projects & groups</p>	<p>Examples include</p> <ul style="list-style-type: none"> • Annual “Volunteering & Job fair” to offer the community with links to employers; as well as information on returning to education; volunteering opportunities; apprenticeships; HAVA grants; Self Reliance Groups and entitlements for people with childcare or carer responsibilities. • Use evidence from the ‘Job Fair’ to decide whether there is a requirement to develop a HAVA Talent Match/ Positive Destination style project. With dedicated 1-2-1 support for individuals in our community who need additional support to return to education, volunteering, or employment. • Local volunteering opportunities –in the HAVA community working with young people
<p>Support and make available grants to other professionals</p>	<p>Examples include</p> <ul style="list-style-type: none"> • Short courses to add experience to individual’s C. V’s such as First Aid qualifications

<p>and residents</p>	<ul style="list-style-type: none"> • Develop a ‘Self Reliance Starter Pack’ to provide a small grant to people wanting to start a self-reliant group • Expand the requirements for HAVA Grant applications for new business start-ups to include a requirement for recipients to complete basic courses in running a business such as basic accounting requirements. Offering support to individuals beyond the awarding of the grant. <p>Examples with young people</p> <ul style="list-style-type: none"> • Access to the internet at home is a barrier for many of our young people, particularly for completing homework. Is there any way to access funding to provide the funding to provide this into our community’s homes where needed?
<p>Increasing communication in the HAVA area through sign posting, information sharing and gathering data.</p>	<p>Examples Include</p> <ul style="list-style-type: none"> • Research information to allow us to put training on or signpost residents of HAVA <p>Examples with young people</p> <ul style="list-style-type: none"> • Look at projects run by other Big Local groups such as the Motor Cross Project in Knottingley. Can we think of other relevant ideas to engage the attention and ambition of our young people?
<p>Identify partnership work</p>	<p>Examples include</p> <ul style="list-style-type: none"> • ESOL (English as a Second Language) courses • Promote the Hub as a tool for the community for support returning to work and learning about their entitlements. • Encourage the development of a series of ‘open days’ to promote the resources offered by the Hub. • Community Garden to provide learning and volunteering opportunities for children, young people, and adults. <p>Examples with families</p> <ul style="list-style-type: none"> • Work with the Children’s Centre and Hawksworth Wood Primary School to develop subsidised wrap-around care before and after school allowing parents to work without the limit of the school day. <p>Examples with young people</p> <ul style="list-style-type: none"> • Look for opportunities to improve school outcomes at Key Stage 3. Working with Feeder Schools Lawnswood High School and Abbey Grange as well as providers of Youth Services in the HAVA community such as Leeds City Council and GESPIR Youth Club to identify what interventions may be successful. • High School Heroes – St Mary’s Church work with Hawksworth Wood Primary School to deliver this project. Mark Twine. Would this benefit from HAVA support to broaden it? • Develop a help with homework / mentoring system. Local resident Ella Erskine is also a teacher at Lawnswood High School and has expressed an initial interest in developing this with support from others

- Junior Volunteer scheme – look for mentors from local businesses to work with 13-18yr olds 1-3 hours a week. Contact Lucinda Yeadon at CEG for support in this area.