

EMERGING THEMES FROM THE COMMUNITY PROFILE

1. **Health & Wellbeing: Obesity levels in children by year 6.**
2. Health & Wellbeing: Obesity and activity levels in adults particularly with underlying health conditions
3. Poverty Adults & Children: Particularly Food / Energy / Unemployed households.
4. Crime: Particularly Violence and Sexual Offences.
5. Employment: Particularly low paid work.
6. Education: Particularly key stage 3.

EVIDENCE & INTERVENTION:

1. **Health & Wellbeing: Obesity levels in children by year 6**

Statistics: Children entering school at Reception age in the HAVA area, primarily into the local school Hawksworth Wood Primary School, are BELOW the Yorkshire & Humber and national averages for obesity. When they reach their final year of primary school year 6, this statistic changes and our children are significantly more obese than the Yorkshire & Humber and national averages.

| Health & wellbeing: Obesity | | | |
|--|---------------|------------------|------------------|
| Measure | HAVA % | Y&H % | England % |
| Children (reception year) | 8.4 | 9.2 | 9.4. |
| Children (year 6) | 26.8 | 19.6 | 19.4 |

Community Opportunities Currently available in the HAVA area:

Whilst there are youth clubs operating in the HAVA area these are usually for children over the age of 11. YMCA on Lea Farm Mount offer activities for younger people – rollerblading, football, Girls only sport, parkour, running, afterschool games and lots more fun in the school holidays. However, there is a cost per session for these.

Cubs and Brownies groups run in the HAVA area, and whilst are good for getting young people together in a productive environment they are not especially focused on health and fitness activities.

Craggside Park has a large grassed area, with pathways around it and into the woods. On the grassed area are goal posts for children and adults to enjoy a kick-about. There is also a playground with a climbing wall and other equipment. In the same area there is specific exercise equipment. These work with your smart phone and barcodes can be used to track your progress. There is a large skatepark which has been designed to be used with scooters, bikes, skateboards and roller blades. The only drawback to these facilities is that they are outdoors and weather dependent.

Anecdotal Evidence: Hawksworth Wood Primary School ended all after school sports provision leaving children between reception & year 6 with no structured way to engage in to sporting activities other than those provided by their parents. This is significantly different to other local primary schools which offer a range of sporting and other after school activities to engage the children.

It should be noted that high schools Lawnswood and Abbey Grange, which are the primary high schools for children at Hawksworth Wood Primary both have structured and varied sporting activity provision available to pupils from year 7 onwards.

Whilst there are a wide range of private sporting activities available around the HAVA area, these come at a significant cost. Most of which is unattainable for the low-income families in the HAVA area.

As of Easter 2020 Hawksworth Wood Primary School will have a new Headteacher.

Suggested targeted HAVA Intervention:

1. Sign posting of existing provision of Youth Groups in the HAVA area (is this relevant to this age group?)
2. Set up a group that provides outdoor structured exercise on the Park.
3. Develop a mixed gender/ age Rugby Team / Football team asking for local expertise to help set up and involve the team in a league?
4. Work with the new Headteacher of Hawksworth Wood Primary School and Leeds City Council to identify opportunities for funding after school activities for children attending the school.
5. Invite local initiatives such as the YMCA to apply for grants to provide free/ subsidised activities.
6. Use local bike banks to run Cycle Proficiency courses.