

Support and make available grants to other professionals and residents

- Invite qualified instructors to deliver sessions on the correct way to use the fitness equipment in the park.
- Link into existing community groups/ clubs in the HAVA area to identify gaps in provision where HAVA could support the development of new groups.
- Work with the Children's Centre, School, YMCA, Foodbank to become referees for charities such as Zarach who deliver 'bed bundles'

Increasing communication in the HAVA area through sign posting, information sharing and gathering data.

Sign posting of existing provision of public services such as leisure centre memberships/ energy efficiency scheme's, help to pay schemes and youth group provision in the HAVA area.

- Work with Hawksworth Wood Primary School & Leeds City Council to identify opportunities for after school activities for pupils of the school.
- Working with Hawksworth Wood Primary School's wellbeing counsellor, look for opportunities to support pupils with their mental health.
- Work with HOPS to promote their gentle exercise classes such as yoga and tai-chi to their members and non-members in the community who may wish to join.

Staff/volunteer led community projects & groups

## HEALTH & WELLBEING

Developing new & supporting existing activities to positively impact the physical and mental wellbeing of the HAVA Community; using a mixture of short-term events to launch long term groups.

Identify partnership work

- Utilise community spirit to develop community vegetable gardens using eco-bricks and eco-pods; look to introduce this with Hawksworth Wood Primary School.
- Support Hawksworth Wood Primary School & onsite children's centre to re-instate the PTA and gauge appetite for a range of groups such as Mums & Tots.
- Work with the Foodbank and the School to set up a 'Backpack Buddy' scheme for families living in food deprivation.
- Work with current independent providers of youth services in the Community.
- Work with the School & Children's Centre to develop a subsidised breakfast and afterschool club
- Speak to established providers of 'Man Clubs'. Look at how we can develop this
- Using research and information from the crime theme, to run a support group for those in need.

- Develop 'Walk around...' competitions
- Re-run the successful Half Marathon activity in the park

Working with the community develop an updated cookbook & cookery workshops.

- Use local bike banks and related companies to run cycle proficiency courses & re-run the successful 'Tour de Hawksworth Wood'.
- Develop a mixed age / gender gentle sports team using local knowledge & expertise.
- Speak to Leeds City Council and 'This girl Can' to develop a new C25k programme using the pathway around the park.